REQUIRED TEXT BOOK LIST - Natural Nutrition Program
Included in Tuition

MODULE #1

NN101 Fundamentals of Nutrition
Staying Healthy with Nutrition, 21st century ed, by Elson Haas, M.D. (Pts 1&2)

NN101A Symptomatology I
Staying Healthy with Nutrition, 21st century ed, by Elson Haas, M.D. (Pts 3&4)

NN102 Anatomy and Physiology
Essentials of Human Anatomy and Physiology, 12th ed., by Elaine Marieb

NN103 Symptomatology II
Prescription For Dietary Wellness, by Phyllis Balch, CNC

MODULE #2

NN104 Preventive Nutrition
Eating Alive, by John Matsen, N.D.
The Cortisol Connection, 2nd ed, Shawn Talbott

NN105A Body-Mind-Spirit - Part One
New Optimum Nutrition For The Mind, by Patrick Holford

NN105B Body-Mind-Spirit - Part Two
Cultivating Wholeness, by Caroline Marie Dupont

NN106 Fundamentals of Business
Business Mastery, 5th ed. Cherle Sohnen-Moe

MODULE #3

NN107 Chemistry and Bio-Chemistry
Introduction to Chemistry For Biology Students, 9th. ed, by George Sackheim

NN108 Cellular Biology
Essentials of Human Anat. & Physiology, 12th Ed., by Elaine Marieb (as NN102)

NN109 Pathology & Nutrition
Nutritional Pathology, 3rd edition, Updated by Brenda Lessard-Rhead, BSc, ND

NN110A Lifecycle - Pediatric Nutrition
The Nourishing Traditions Book of Baby and Child Care by Sally Fallon Morell and Thomas S. Cowan

NN110B Lifecycle - Sports Nutrition

NN110C Lifecycle - Perspectives on Aging
Healthy at 100, John Robbins

MODULE #4

NN111 Eco-Nutrition
End of Food, by Thomas Pawlick

NN112 Allergies
Allergies, Disease in Disguise, by Bateson Koch, D.C., N.D.

NN113 Alternative/Comparative Diets
The Weight Battlefield, 2nd edition by Lisa Tsakos, RHN, RNCP
Food & Healing, by Anne Marie Colbin

NN114 Research
Nutritional Literature Research
No required text book

subject to change without notice

Dec/17